

FINAL EXAM PREPARATION

GRADE 8

SEMESTER TWO [120 minutes / 40 marks] https://forms.gle/xgmXe2X3|QHxMB6k6 Exam specifications MATERIALS STUDENT TASK MARKING On test paper: 6 pictures showing Sts hear (twice): 5 short, numbered

people, animals, objects, places.

activities, situations, etc.

(5 correct, 1 distractor).

(2)	Sts hear (twice): 1 informative text with 1 speaker. Length: 150-200 words.	On test paper: 5 multiple choice items, each with 3 options.	Indicate which of the three options is correct.	1 mark for each item. <u>Total</u> : 5 marks
VCB	1 text with 5 gaps where a vocabulary item (word or phrase) has been removed. Length: 60-70 words.	A list of 8 vocabulary items. (5 correct & 3 distractors)	Complete the text, filling the 5 gaps with words from the list	0.5 marks for each item. Total: 2.5 marks
GRM	5 separate sentences, each with a gap where 1 grammatical word has been removed.	(No other materials) analoli pan daputi tian tikatin kaday	Complete each sentence, filling the gap with ONE correct word.	0.5 marks for each item. Total: 2.5 marks
GRM/ VCB	1 text, containing 10 missing words. Length: 70-80 words.	For each gap, a multiple-choice item with 4 options.	Indicate which of the four options is correct.	0.5 marks for each item. Total: 5 marks
RDG (1)	4 short, numbered excerpts from four different texts. 6 short texts, 4 of which follow on from the excerpts in the first column (plus 2 distractors).		Match the excerpts in the first column with the texts in the second	1 mark for each item. Total: 4 marks
33274	(Note: Total length of each combined pair of texts: 20-25 words.)		column,	
RDG (2)	1 interactive text. Length: 150-200 words.	6 Wh-Questions.	Write a SHORT answer to each question.	1 mark for each item. Total: 6 marks

A topic, title or question requiring WRT students to express and justify an

texts with 1 speaker and a common

15-25 words.

theme or context. Length of each text:

LST

(1)

(Appropriate instructions)

Write an evaluative text of at least 60 words.

Match the texts with the

appropriate pictures.

Award an overall score based on a five-level Rating Scale. Total: 5 marks

Rating Scale. Total: 5

marks

Exam Specifications: Grades 7 & 8, Sem. Two)

1 mark for each item.

Total: 5 marks

(1) opinion. EITHER: A set of 6 pictures showing a Award an overall score A list of 8 useful vocabulary items. WRT Write a text of at least 60 based on a five-level story.

(2) OR: A set of instructions for the words. (Other input material as necessary) writing of a narrative text.



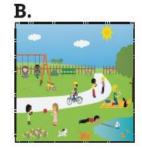
Listening

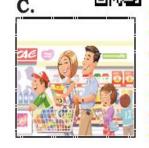
LISTENING 01 (Items 1 - 5)

You are going to hear **five short texts** about **entertainment**. Match the pictures with the texts. For each text, shade in the bubble \(\) under the correct option.



~*****************











_			picture	es .		
Text	A	В	С	D	E	F
1.	\circ	\circ	\circ	\circ	\circ	\circ
2.	\circ	\circ	\circ	\circ	\circ	\circ
3.	\circ	\circ	\circ	\circ	\circ	\circ
4.	\circ	0	0	0	0	0
5.	\circ	\circ	\circ	\circ	\circ	\circ
k * *	* **	***	Kouf Kol	Lokarfik s	k***	* * *



Listening 2

-}	******	**** ***	******
-	traveller.	ome information about	a great next to the correct option.
3	1. The speaker is talkir	ng in a	T A STATE OF THE S
٠	restaurant	\bigcirc hospital	🔾 classroom
4	2. Ibn Battuta was born	n in	×
3	1304	1314	
٩	3. Ibn Battuta travelled	! for abouty	ears.
7	<u>3</u>	<u> </u>	<u>→</u> 30
-	👇 4. He travelled to Musc	at by a	*
7	plane	\bigcirc car	🔾 ship
7	5. Ibn Battuta died in _	·	**
؋	├ ○ Dhofar		🔵 India 🔏



vocabulary

Last Friday night, I was reading a (1) story so I felt scared. It was ca "The Frightening Forest". The (2) of the story were a little boy, a tiger wolves. It was a dark (3) as the moon was not shinning. The little boy found himself walking alone between large trees. Suddenly, the bats (4)							er and ooy
2000 90				und. It was a		heard	horror
	noon	new	conteag	Characters	Suw	neuru	norror
	\circ	\bigcirc	\bigcirc	\circ	\circ	\circ	\bigcirc
. 🔾							
_	0	0	0	0	0	\circ	0
. 0	0	0	0	0	0 0	0	0
0000	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0



Grammar

Complete each sentence with ONE word only.	V 0
	•
1. Giraffes elephants are animals.	0
2. Muna is a teacher. She teaches Sohar.	•
	0
3. Noora walking when she saw a snake.	•
4. Ahmed is taller Saif.	0
5 TL	•
5. How is the bike? It's 30 rials.	0



Grammar & Vocabulary

GRAMMAR/VOCABULARY (1	- 10)	₩.
For each item, shade in the bu	bble onext to th	ne correct option.
Taha Hussein was (1)	in Egypt (2)	1889. He lived with his
poor (3) When he was	s three years (4)	, Taha became blind.
Although he couldn't see, he was	a happy (5)	Taha learned the Holy
Quran, when he was very (6)	He (7)	to study at Al Azhar
University in Cairo, when he beca	nme 15 years old. (8)_	, he went to
study in France. In 1919, Taha (9) to Egypt	and worked as a teacher
at the University of Cairo. He (10)	in 1973.	

1. studied	◯ born	◯ travelled	Olived
2 . in	on on	o at	\bigcirc of
3. house	family	◯ work	\bigcirc book
4 for	\bigcirc on	\bigcirc old	new
5 . girl	people	◯ life	○ boy
6 .	◯ rich	\bigcirc young	healthy
7 . went	◯ go	◯ gave	◯ learned
8. First	◯ Then	○ Or	Because
9. Iistened	o asked	talked	returned
10. was dying	odead	◯ die	◯died



Reading 1

READING 01 (Items 1 - 4)

Match the four texts on the left with the texts in the box. There are two extra texts in the box.)

1. Last winter, I visited some mountains in Canada with my family.

A. I find them exciting as investigators try to solve a crime.

2. I liked watching a science fiction movie called "Lost in Space".

B. I did not read the story because it was boring.

3. Al Khalil bin Ahmed wrote the first dictionary of the Arabic language.

C. It was about life of people living on other planets.

D. It was snowing all the day there. We went skiing many times.

4. My uncle has a beautiful garden near his house.

- E. Many people visit it to enjoy the smell of flowers and see the different kinds of trees.
- F. It included different kinds of words, but they were not arranged in alphabetical order.



Reading 2

READING 01 (Items 1 - 6)

Read the text. Then complete the task.

Dear Faisal,

I hope you are well and that you had a fantastic summer holiday. I returned from my holiday in Kenya yesterday. I had such a wonderful time for ten days. Have you ever visited Kenya?

The moment I arrived at the airport things started to go well. My plane left exactly on time and the flight was very smooth and comfortable.

The taxi that took me to my hotel was so cheap that I thought the driver was joking. I stayed in The Best Western Hotel on the beach.

It was quiet and peaceful. The view from my window was fantastic. I could see the clear blue sea and the sandy beach. I went swimming every morning. The food in the hotel was so delicious. It is a very interesting country and the people there are so friendly. I bought lots of fabulous souvenirs for my friends. Have you been to any interesting

place this summer?

Please write to me soon.

Best wishes,

Salman

READING 01 (continued) (Items 1 - 6)

6. What did he buy?

For each item, write a short answer (not more than FOUR WORDS).

1. Where did Salman travel for his holiday? 2. How long did he stay there? 3. How did he travel? 4. What is the name of the hotel? 5. When did he go for swimming?



Writing I

alababababababababababababababababababa	विकित्त
WRITING 01	48
Write at least 60 words on the following topic:	
"People should travel outside Oman for holiday"	
- Do you agree or not? Give your reasons.	
Your writing should be interesting and well-organized.	5
	<u> </u>
·-	779
-	



diologial page diologial Himan Education Academy WRITING 02

WRITING 02

Write a story of at least 60 words based on the following pictures.

You can use the words in the box to help you.

You can also put in more details to make your story lively and interesting.

went	wanted	become	studied
finished	school	worked	travellea



One day, Ali was studying at school and he was diligent. He cared and read books about space and watched movies about space.



The study was fun because he loved space, planets and stars, and he dreamed of going to space.



All worked for NASA for several years, training to become an astronaut. After 4 years of training, NASA decided that several astronauts would go, including Ali. Ali was so happy because he would fulfill his dream that he had dreamed of since his childhood.



First, He wanted to become an astronaut. He graduated from school with high grades. He entered the university and studied space science.



He graduated after 6 years of interesting study. He applied for a job in several companies, and one of these companies is NASA.



In 2019, NASA set off a trip to the moon to study the moon and obtain information about the moon. Ali was proud of himself that he had fulfilled his dream.

3 本 本 本 本 本 本 本 本 本 本 本 本 本 本 本 本 A S WRITING 02	4
OR Complete the following text . Write at least 60 words .	
Last week, I was playing my favourite sport.	
Your writing should be interesting and well-organized .	5
) 2. ————————————————————————————————————	21
	



VOCABULARY



WORD	MEANING	WORD	MEANING
Wonderful	رائع	Contain	يحتوي على
Ocean	محيط	Discover	يكتشف
Seabed	قاع البحر	Volcano	بركان
Float	يطفو	Boat	قارب
Coral	مرجان	Sink	يغرق
Diver	غواص	Damage	يدمر / يخرب
Condense	يتكثف	Environment	بيئة
Evaporate	يتبخر	Cause	بسي
Clouds	سُکُب	Recycle	إعادة تدوير
S pecies	أنواع	Pollute	يلوث



WORD	MEANING	WORD	MEANING
Lake	بحيرة	Experience	خبرة
Whale	حوت	Formal	رسمي
Seal	فقمة	Endangered	مهدد بالخطر
Disaster	كار ثة	Missing	مفقود
Creature	مخلوق	Swallow	يبتلع
	بخار	Shell	صدف
Vapour		Tiny	صغير
Poison	سنم	Protect	يحمي
Equipment	أدوات / معدات	Scared	۔ خائف
Drops	قطرات		
Bottom	قاع	Disappointed	محبط



WORD	MEANING	WORD	MEANING
Tour	رحلة	Product	منتج
Reason	ببس	Soap	صابون
Nature	طبيعة	Habitat	مكان العيش
Site	موقع	Threaten	يهدد
Depth	عمق	Melt	يذوب
Grow	ينمو	Recover	يتعافى
Wet	رطِب	Lose	يفقد
Brilliant	متألق	Rescue	ينقذ
Provide	يوفر	Decrease	يقل / ينقص
Get a permit	يحصل على إذن	Brave	شجاع



WORD	MEANING	WORD	MEANING
Spread	ينشر	Spices	بهارات
Origin	أصل	Wheat	قمح
Corn	ذرة	Grapes	عنب
Cave	كهف	Cinnamon	قرفة
Invention	اختراع	Add	يضيف
Bakery	مخبن	Fond of	شغوف ب
Recipe	وصفة طعام	Exchange	يتبادل
Ingredients	مكونات	Marriage	زواج
Ginger	زنجبيل	Compare	يقارن
Explode	ينفجر	Crown	تاج



		أكاديمية همم التعليمية Himam Education Academy
WORD	MEANING	Times Education Academy
Activity	نشاط	
Path	طريق	
Wool	صوف	
Silk	حرير	
Rubber	مطاط	
Belt	حزام	
Pavement	رصيف	
Exhibition	معرض	
Cross	يعبر	House 4
Depart	يغادر	

WORD **MEANING** Wave

موج مغامرة

يستكشف

يبحر

Adventure Explore

Sail

Allow يسمح

الوجهة **Destination**

Flight

رحلة طيران التحدي

Challenge **Cabin**

غرفة القيادة مجهد / متعب **Stressful**



WORD	MEANING	WORD	MEANING
Mystery	غموض	Fact	حقيقة
Puzzle	لغز	Scene	مشهد
Event	حدث	Germ	جرثومة
Author	كاتب	Secret	سر
Adventure	مغامرة	Smell	يشم
Collection	مجموعة	Strange	غريب
Sharp	حاد	Detective	محقق
Crime	جريمة	Logical	منطقي
Belt	حزام	Believe	يعتقد
Entrance	مدخل	Steal	يسرق



MULTIWORD VERBS

WORD	MEANING
Get around	يتجول
Fill up	املأ
Watch out	انتبه
Look at	انظر إلى
Look after	اعتنِ بـ
Get back	عد للوراء
Give up	يستسلم
Pick up	يلتقط / يرفع
Calm down	اهدأ
Climb up	يتسلق



GRAMMAR



language focus

modals

The words should, must and have to are modals of obligation. We use them to give advice and tell people what to do.

We use must and should to give our own personal opinion. Must is stronger than should.

We use have to when there is a general rule or law and not our own personal opinion.

I have to wear my seat belt when I drive. (A general rule or law.)

I don't have to go to school today.

(A general law or rule.)

You must go and see the doctor. (A strong personal opinion.)

You mustn't arrive late.

(A strong personal opinion.)



language focus,

adjectives

An adjective is a word like small, old, cheap, ugly. An adjective describes the qualities of people, places, things, etc.

the small fish

Most adjectives can go in two positions:

1 When an adjective comes before a noun, it is called an attributive adjective.

the beautiful beaches of Hawaii adjective noun

When an adjective comes after the verb, it is called a predicative adjective.

The shark was quick. subject verb adjective

A predicative adjective is used to describe the subject of the sentence and not the action of the verb.

comparatives and superlatives

We use a comparative to compare people or things.

bigger more beautiful

We make the comparative with adjective + than + noun

An elephant is bigger than a cat.

We use a superlative to describe who or what is the best.

the biggest the most beautiful

We make the superlative with the + adjective + -est OR

the + most/least + adjective.

	adjective	comparative	superlative
one syllable	tall	taller	tallest
one syllable ending in -e	wide	I wider	widest
one syllable, a short vowel ending with one consonant	big	bigger	biggest
two syllables ending -y	happy	i happier	happiest
two or more syllables	amazing beautiful	more amazing less beautiful	most amazing least beautiful
irregular	good bad	better worse	the best worst



language focus. yet and already

Look at dialogues on page 12 of the Classbook and the dialogues above.

Read the sentences and underline the correct words.

We use yet and already with the past simple/present perfect.

yet

- Yet tells us something has/has not taken place.
- We usually put yet at the beginning/end of sentences.
- We usually use yet in positive/negative sentences.
- We usually use yet in questions.

already

- Already tells us something has/has not taken place.
- We usually put already at the beginning/in the middle of sentences.
- We usually put already before/after the main verb.



language focus

some and any

Read the rules and find other examples for some and any from the back of the Menu cut-out page. Write your examples in your exercise books.

Some and any are quantifiers. They are used with uncountable nouns, e.g. juice, coffee, water and countable plural nouns, e.g. bananas, apples, eggs.

some

- Some means a little or a few and is used in positive sentences.
 I've got some soup for starters.
- We use some in questions to request something when we think the answer will be yes.
 Can I have some spring rolls please?
- We use some in questions when we make an offer.
 Would you like some garlic bread?

any

- We often replace some with any in questions when we are not sure of the answer.
 Have you got any spring rolls then?
- We usually use any in negatives.
 I'm sorry madam, we haven't got any soup.



language focus.

We use similes to make descriptions more interesting and to make a powerful picture in the mind of the reader.

Similes compare two things.

We use like or as to make a simile.

It smells like rubbish.

The mountain road looked like a long snake.

It's as hot as fire.

Her hands felt as cold as ice.

language focus.



multiword verbs

Many verbs in English have two or more parts. These are called multiword verbs. We make multiword verbs with:

verb + adverb/preposition

get around cut down fix on cut out look at

We can use different words with the same verb so the meaning changes.

I got on the bus. I got off the bus

Sometimes the meaning of a multiword verb is difficult to work out.

I checked out the subway. (I investigated the subway).

It is important to check the meaning of multiword verbs in a dictionary or work them out from the context.

Many multiword verbs are used informally. In written English there is often a more formal word with the same meaning.

take off (informal) and remove (formal)



language focus

present perfect continuous

We use the present perfect continuous to talk about an action that started in the past, continued over a period of time and is still continuing now.



I have been waiting for two hours.

(I arrived two hours ago and I am still waiting.)

We often use the present perfect continuous with for and since to say how long an action has been happening.

We have been waiting for 20 minutes. (and we are waiting now) It's been raining since Tuesday. (and it is raining now)

We use the present perfect continuous to talk about an action that started in the past, continued over a period of time and has recently stopped. However, there is evidence of the finished action now. She's been shopping. (She has finished shopping but she is carrying shopping bags now.)

It has been raining. (It has recently stopped but the ground is wet.)

We make the present perfect continuous using the verb have + been + present continuous



language focus

will and going to

- Look at this sentence, read the questions below and circle the best answers.

 We're going to drive to Bidiya in a bus from Ruwi, but maybe we'll go to the camp by four wheel drive or horse once we get there.
 - 1 a) There is a definite plan on how to go to Bidiya.
 - There is no definite plan on how to get to Bidiya.
- 2 a) There is a definite plan on how to go to the camp.
 - b) There is no definite plan on
- Now read the following about will and going to. Find three sentences with will and going to from the Club Talk.

In English, we use a number of different verbs to tell us about the future. Will and going to are just two of many ways to do this.

will

We use going to when we have a definite plan or intention to do something. be + going to + verb

We're going to fly London next week. We're going to catch a plane at Seeb airport.

going to

We use will when we are not sure of our plan or our intention. We will decide at the time we make the decision or at the moment we speak. will + verb

We'll go by car or bus. We'll decide when we get there.

Maybe we'll leave on 3rd or 4th of December.



2	EASY		
3	Will Going to		
# # #	We use will when we decide to do something at the time of speaking.		
7	I'II		
3	Past now future		
<i>3</i>	o'Let's have a party.' 'That's a great idea. We'll invite lots of people.		
<i>a</i> →	We use (be) going to when we have already decided to do something.		
,	Decision before		
3	I'm going to		
3	Past now future		
3	o'Sue and I have decided to have a party.' We are going to invite lots of people.		
;	When we say that 'something is going to happen', the situation now makes this clear.		
2	oThe man is walking towards the wall now, so we can say that he is going to walk into it.		
3	For more grammar lessons, Like on Facebook		



language focus subject and object pronouns

Read the Where's the bag? dialogue on page 29 of the Classbook, Then read the following about subject and object pronouns and decide which are A, subject pronouns and B, object pronouns. Write them in the space provided at the bottom.

Subject and object pronouns are just two of many types of personal pronouns. They are very common in English.

Personal pronouns are used when we know who or what is being talked about and do not want to repeat the noun.

Simon is looking for his bag. He is very upset.

subject pronouns

A subject pronoun replaces the subject in a sentence. In statements, the subject usually goes before the verb. In questions, it goes after the verb. The subject does the action.

Simon has found the bag.

subject verb object

He has found the bag. subject prenoun

Now write the subject pronouns from the text on page 29 of the Classbook here.

object pronouns

An object pronoun replaces the object of a sentence. The object is usually a noun phrase and follows a verb. The object receives the action. An object pronoun cannot be used in the position of a subject. An object pronoun can only be used after a verb or a preposition.

Sally is helping Simon to find the bag subject verb object

Sally is helping Simon to find IL object pronoun

Now write the object pronouns from the text on page 29 of the Classbook here.

Be carefull it and you remain the same when used as a subject or an object pronoun.

Let's Look at Grammar

Remember! Begin a question with a capital letter and end it with a question mark.

Question words

What?

We use this when we want to find out more information about something.

Who?

We use this when we want to find out about a person or people.



How?

We use this when we want to know the way something happened.

Which?

We use this when we want to identify a particular thing.

Where?

We use this when we want to know about the location of something.

When?

We use this when we want to know about the time of something.

Why?

We use this when we want to find out the reason for something.

Whose?

We use this when we want to find out who owns something.

Note: Questions can also be formed by using an auxiliary word, for example: Do you like pizza? Can she speak French? Did you see him?





Question word		Meaning
where	أين	تسأل عن مكان
When	متی	تسأل بها عن الوقت
What	ما/ماذا	تسأل بها عن شيء
Why	لماذا	تسأل بها عن السبب
Who	من	تسأل بها عن فاعل عاقل
Whose	لمن	لمن - ملك من
Which	أي /أيهما	أيهما للتفضيل
How	كيف	كيف نسأل بها عن الحال او الوسيله
How often	كم عدد المرات	تسأل بها عن عدد المرات
How far	کم بعد	کم بعد ۔ کم مسافه
How much	کم ٹمن	كم سعر - كم للكميه
How many	کم عدد	کم عدد
How long	كم للمدة	كم للمده أو الفترة
How old	ماعمر	ما عمر/ما سن
What time	ما الوقت	نسأل بها عن الوقت



language focus second conditional

We use the second conditional to express unreal or imaginary situations and what could happen.

We make the second conditional using if + past simple + would

If he saw a Yeti, he'd/would climb a tree.

If I were on the Marie Celeste, I'd/would leave a note.



language focus

modals of possibility

- May, might and could are modals.
- We can use may, might and could + verb to talk about how possible something is in the present or the future.

Example: It may be the Yeti, but it could be a bear.

 We can use may have, might have and could have + past participle to talk about how possible something is in the past.

Example: The lake might have been a mirage.

 May, might and could go before the main verb in any sentence.

Example: It may have four or five legs.

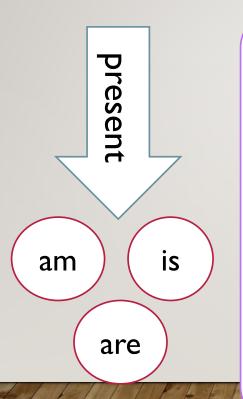
,learning strategy,

topic sentences and supporting sentences

- The first sentence of a paragraph is often called a topic sentence.
- A topic sentence tells the reader what the paragraph is going to be about.
- We often use topic sentences when we are writing about facts, giving information or expressing opinions.
- Other sentences in the paragraph are called supporting sentences.
- Supporting sentences add information to the topic sentence.

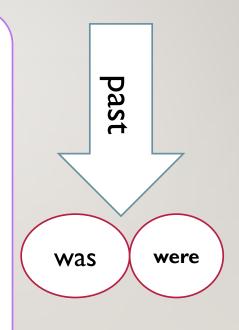


Verb to be



Pronouns:

We They You He She lt





Present simple

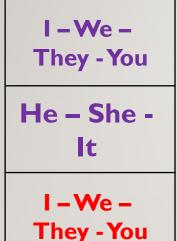


We use the present simple to talk about actions we see as long term or permanent. (ROUTINES) AND (FACTS)





Present Simple



He - She -

It

subject verb You play football everyday. subject verb He plays football everyday. subject verb You don't play football everyday. subject verb He doesn't play football everyday.



Present Simple



USE

We use the present simple to talk about actions we see as long term or permanent. (ROUTINES) AND (FACTS)

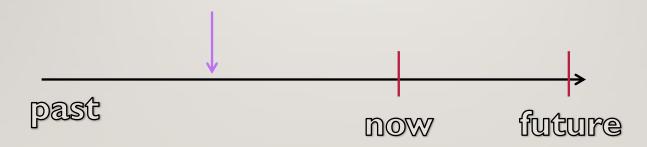
PRONOUNS	POSISITVE	NEGATIVE	QUESTION (YES/NO)	ANSWER	QUESTION (WH-)
I WE YOU	<u>ride</u> a bike every day.	don't ride a bike every day.	<u>Do</u> <u>ride</u> a bike every day?	Yes, do.	Where do ride a bike every day?
THEY	<u>pray</u> 5 times a day.	don't pray 5 times a day.	Do pray 5 times a day?	No, don't.	When do pray?
HE SHE	<u>rides</u> a	<u>doesn't</u> <u>ride</u> a bike	Does ride a bike every	Yes, does.	Where does ride a bike
ІТ	bike every day prays 5 times a day.	every day doesn't pray 5 times a day	day? Does pray 5 times a day?	No, doesn't.	every day? When does pray?



Past Simple



Actions that happened over a period of time in the past. (Finished actions)

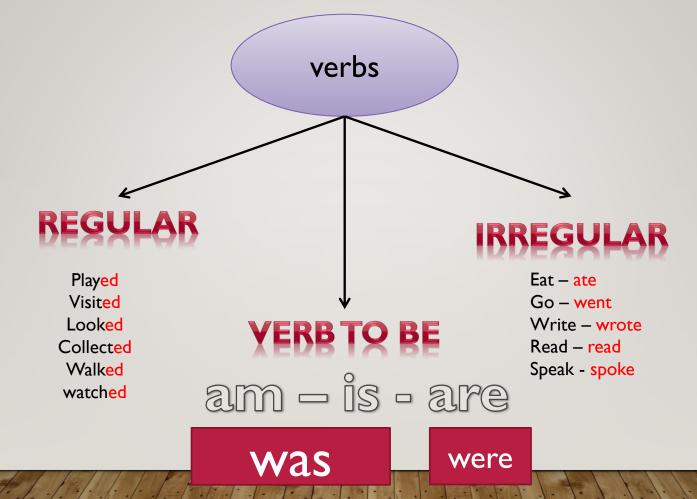




Past Simple









Past Simple



USE

- We use the past simple to express actions that happened at a specific time in the past.

PRONOUNS	POSISITVE	NEGATIVE	QUESTION (YES/NO)	ANSWER	QUESTION (WH-)
1					
WE					
YOU	went to	<u>didn't</u> go	Did go to		
THEY	Muscat last	to Muscat	Muscat last	V	Where did
HE	week.	last week.	week?	Yes, did.	go last week??
SHE					week:
	wrote a	<u>didn't</u>	<u>Did</u> write	No,	When did
	short story	write a short	a short story	didn't.	write a short
IΤ	three years ago.	story three years ago.	three years ago?		story?



Read and answer.

Read this e-mail and find answers to these questions.

- 1. Who is the e-mail to? Rose
- 2. Who is the e-mail from? Maha
- 3. What is the e-mail about?

to help her with her project?

Photograph and some information

Rose Maha Subject: Arabian oryx Attachments: oryx.jpg; oryx.doc



Hi Rose!

Thank you very much for the information you sent me about endangered animals.

I have been learning about endangered animals in Oman. One of them is an animal called the Arabian oryx. It is very special to us here in Oman. Some years ago, it nearly became extinct. Luckily, it was saved. I am sending you a photograph and some information about it to help you with your project Endangered Animals/ the Arabian oryx

Please let me know if you need any more help.

Good luck with your projects

Good luck with your project! Maha

1 Read and answer.

Look at this e mail from Ahmed. Read through the e-mail and answer the following questions.

- 1. Who is the e-mail to?
- 2. What is Ahmed studying at school?
- 3. What kinds of fruit does he talk about?
- 4. Why is there more diabetes in Oman now?

5. Do you agree with Ahmed that people in Oman have changed their lifestyles?

To: giovanni@ikc.com
From: ahmed@ikc.com
Subject: Healthy living!



Dear Giovanni,

We are doing a project at school about healthy and unhealthy food and the different kinds of food that people eat in different parts of the world.

Our teacher said that fruit such as bananas, apples, grapes and oranges are healthy. He also told us that people living in Southern Europe usually do not suffer from heart disease because they use a lot of olive oil in their cooking. He said that olive oil is healthy. He also told us that there are fewer cases of cancer in Japan because people there eat a lot of soya and fish.

In Oman, there has been a rise in people with diabetes because people have changed their lifestyles and are eating more sweet things, such as cakes and sweets.

Please could you tell me about the kinds of food that you eat?

Ahmed





Complete the following task. Write at least 60 words.

Write a story of at least 60 words based on the following pictures.

You can use the words in the box to help you.

see	tree	try	can
idea	invent	help	happy
①		2	
		4	
		cat helping machine	
		6	
remote control			



Top Tips

- · State your opinion clearly
- . Make sure that each paragraph focuses on one main idea
- · Provide examples and facts to support your opinion

Organisation.

Paragraph 1

Explain the topic in your own words and state your opinion.

- Many people think/believe/ orgue that ...
- I think / believe/ agree/ disagree that ...
- In my opinion, ...

Paragraph 2

Present an idea with examples to support your opinion.

- · First of all,
- One reason why ...
- One advantage/ disodvantage of ... is ...
- Therefore ... / This is because ...

Paragraph 3

Present another idea with examples to support your opinion.

- · Secondly, ...
- · Another reason why ...
- Another advantage/ disadvantage of __ is __

Paragraph 4

Summarise your points and remind the reader of your opinion.

- To summarise
- · To sum up ...
- In conclusion ...

Spending too much time on social media can have a negative impact on young people.

Do you agree or disagree?



Social media has become very popular with young people. Teenagers sometimes spend several hours per day using it. Many people argue that this is having a negative effect on young people. I agree that spending too much time on social media is not healthy for teenagers.

One reason why spending too much time on social media is not healthy for young people is that it can lead to mental health problems. For example, there is research that shows social media has resulted in an increase in anxiety and depression. This is because people compare their lives to the 'perfect' lives they see other people sharing. This can lead to negative emotions.

Another disadvantage of spending too much time on social media is its effect on sleep. Research has shown that the light from screens can make it harder to sleep. Furthermore, many young people stay up too late because they are using social media. Sleep is very important for young people's health and to help them concentrate at school.

In conclusion, social media allows us to connect with people all over the world but spending too much time on social media can have a negative impact on young people.





Structure

- Introduction Paragraph 1: present the topic, making a general remark about it without giving your opinion.
- Main body Paragraph 2: write two or three advantages. Paragraph 3: write two or three disadvantages. Support your arguments with justifications / examples.
- Conclusion Paragraph 4: include your opinion (e.g. In my opinion / I believe / I think, etc.) or a balanced summary of the topic.

Top Tips for writing

- 1. Start by saying what the current situation is or introducing the debate.
- 2. In the second paragraph talk about the advantages or reasons in favour. Use expressions like One advantage of X is ... and Another advantage of X is ...
- 3. In the third paragraph give the disadvantages or reasons against. You can start this contrasting paragraph with *On the other hand,* ...
- 4. Finally, sum up the main arguments using *To sum up, ...* or *To conclude, ...* Give your opinion too, using expressions like *Personally, ...* or *In my opinion, ...*

Is the internet bad for young people?

It is now easier than ever to access the internet, whether you are using a computer, phone or tablet. There is no doubt that many young people are spending more and more time online, with both positive and negative consequences.

One advantage of the internet is that young people can do research for their schoolwork and homework. This often helps teenagers to widen their knowledge and improve their grades. Another positive aspect of the internet is that people can practise foreign languages by chatting to friends in other countries. This is also a good way of keeping in touch with friends and family around the world.

On the other hand, there are also negative consequences. Some young people become addicted to online gaming and this can mean that they waste too much time playing these games. This can have a negative effect on their schoolwork, the amount of exercise they get and their social lives. In addition, excessive internet use can mean that some young people hardly talk to their families because they are always on the computer.

To sum up, spending time on the internet can have a negative impact on young people, but it also has many advantages. Personally, I think the internet is an incredible tool and the benefits of internet access outweigh the dangers. However, we should be careful not to use the internet excessively.



THANK YOU!