



3:gymnastics: exercises developing or displaying physical agility and coordination.(n)

4: chariot racing: A race with riding horses. (n)

5.athletics: A group of sporting events that involves competitive running, jumping,throwing, and walking.(n)

SB page 53 / exercise 1:

1 Listen to the words below in context. Try to guess their meanings The answer:

Only the best athletes from around the world go to the Olympic Games.
There are lots of great runners at my athletics club.

3. When I watch fencing, I imagine what sword fi ghting was like hundreds of years ago.

4. I wouldn't be good at gymnastics because I cannot stretch my arms and legs.5. Sally won a silver medal after coming second in the race.



*While reading:

The Olympic Games are a tradition from Ancient Greece. They took place in Athens over 2,700 years ago. The modern Olympic Games began in 1896. Many of the sports we see today were at the original games. The modern Olympic Games happen every four years just as they did in Ancient Greece. In Ancient Greece, winners received a crown of olive leaves to put on their heads. The modern Olympic Games started to give medals – gold, silver and bronze – in 1908. In Ancient Greece, the games lasted Ä ve days. Now they last for about 16 days . Four sports were at the Ä rst modern Olympic Games and are still there now. They are athletics, swimming, fencing and

gymnastics. Some sports that were played in the ancient games, like chariot racing, are barely even known nowadays. Some sports, like volleyball and basketball, were not in the Olympic Games until the 1900s. In 2016, there will be two new sports – golf and rugby. Some sports, such as chess and surÄ ng, are not Olympic sports.

*After reading:

SB page 54/ exercise 2:

2 Read the text about the Olympic Games again and answer the following questions.

1. If you were participating in the Olympic Games and you came second, which medal would you receive –

a silver, bronze or gold medal?

2. What are the similarities between the modern Olympic Games and the ancient Greek games?

3. Do you think chess and surfi ng should be Olympic sports? Why/Why not?

4. What sports would you like to see included in the Olympic Games? Explain

your choices.

<u>Note</u>: took place = happened

The answer:

1. A silver medal

2. The Olympic Games and the ancient Greek games had many of the same sports and they both happened every four years.

3. Students' own answers

4. Students' own answers

SB page 55/ exercise 3: VOCABULARY

3 Match the beginning and end of each sentence.

1. You have to befl exible and train ha	rd a. in fencing.
2. You have to hit a ball over a high net	b. in gymnastics.
3. Your horse has to be faster than other	competitors' c. in volleyball.
4. You have to fi ght with a long, thin swo	ord d. in chariot racing
The answer: 1, b:	2. c: 3. d: 4. a

LISTENING

SB page 55 /exercise 4

4 Listen to the following letter about the Dead Sea Ultra Marathon and fi ll in the blanks. *Lokk at this [icture.What does it show?

MARY AND

The answer: A Marathon Dead Sea Ultra Marathon

2nd April, 2011

Dear colleagues, I'm collecting money for ______(1) this month by taking part in the Dead Sea Ultra ______(2) (DSUM). The DSUM started in 1993 to collect money for the Neurological Society, which helps ______(3) who have problems in the nervous system. The Marathon ends at the Dead Sea, the lowest point on Earth._______(4) come from different countries and in big numbers to come from different countries and in big numbers to participate in the event. There are many people in Jordan who work hard to make this______(5) beneficial for charity. The Marathon takes place every April and I had five courses to choose from – 50km, 42km, 21km, 10km and 4.2km. I want to collect money by running 21km. If you'd like to support me, please make a______(6) to the Neurological Society. Thanks for taking the time to read this!

Samer Moussa

The answer: 1. charity; 2. Marathon; 3. people; 4. Runners; 5. event; 6. donation

SB page 55 / exercise 5

5 Now, listen again and check your answers. Dear colleagues,

I'm collecting money for **charity** this month by taking part in the Dead Sea Ultra Marathon (DSUM). The DSUM started in 1993 to collect money for the Neurological Society, which helps **people** who have problems in the nervous system. The **Marathon** ends at the Dead Sea, the lowest point on Earth. **Runners** come from different countries and in big numbers to participate in the event. There are many people in Jordan who work hard to make

this **event** beneficial for charity. The Marathon takes place every April and I had fi ve courses to choose from – 50km, 42km, 21km, 10km and 4.2km. I want to collect money by running 21km. If you'd like to support me, please make a **donation** to the Neurological Society. Thanks for taking the time to read this! Samer Mouss

SPEAKING

SB page 55 / exercise 6:

6 In a group, read the letter about the Dead Sea Ultra Marathon again. Think of other events you could do to raise money for charity. What kind of event would you choose? Which charities would you like to help? Why?

The answer: Students' own answers.