

## Unit 4

### Lesson 2

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## GRAMMAR

### The Present Perfect Continuous

● We use the Present Perfect Continuous to talk about an action or situation that began in the past and is still continuing.

*-I have been practising English every day.*

*-People have been playing ball games for centuries.*

● We can also use the Present Perfect Continuous to talk about an action or situation that began in the past and has just finished.

*-What have you been doing for the past hour? I've been reading my book.*

● The Present Perfect Continuous is often used with expressions of time, to focus on how long something has been happening.

*-I have been waiting for you for half an hour. She has been working since 8 am.*

● The Present Perfect Continuous is formed with **has/have + been + the present participle (-ing form)**.

*-I'm tired because I've been running.*

*-How long have you been doing your homework for?*

المعلم الإلكتروني الشامل